

# TumbleBee Gym

Parent/Tot Gymnastics for ages 8 weeks to 3 ½ years

**Gymnastics is a GREAT foundation** for future sporting and academic pursuits. Studies have shown that a variety of movements positively affect brain development.

## Class Schedule for the 2017-2018 School Year

### **TumbleBee Parent/Tot Gymnastics**

for Students Ages 8 weeks through 3-½ years. Level determined by age when they begin class.

**FreeBees:** Ages 8 weeks-12 month. This class is FREE! Students graduate from this class at 13 months of age. 30 minutes long.  
Mondays 11:10

### **ToddlerBees: Ages 1 – 2 ½, 45-minute classes**

Tuesdays 9:30 or 10:25  
Thursdays 10:20  
Fridays 9:30  
Saturdays 10:00

### **HoneyBee & Me: Ages 2 ½ - 3 ½, 45-minute classes**

Thursdays 10:20  
Fridays 9:30  
Saturdays 9:05

**DanceNastics: Ages 2-3, 60- minute class .** Parents assist with the gymnastics portion of this class. Saturdays 11:00

### **Parents' role in Parent/Tot Gymnastics Classes:**

Your role is to actively assist your child and the teacher. Your attention will be focused on your child 100% of the time. With our assistance, you will guide your child through gymnastics circuits, applaud their successes, and provide hands-on support- "spotting"- as necessary.

Airborne

LONGMONT, COLORADO