

GymStars Gymnastics

Girls' Gymnastics for first graders and older

Students new to gymnastics and first graders should start in a GymStar 1 class. If you feel your child should start at a higher level, please call to schedule an evaluation.

Class Schedule for the 2019 Summer Session

Girls' GymStar 1

Entry Level Classes. All classes are 65 minutes long.

Mondays:

2nd Grade & Up: 7:00-8:05

Tuesday:

1st Graders: 5:30-6:35

Wednesdays:

All Ages: 5:15-6:20

Thursdays:

All Ages: 5:30-6:35

Saturdays:

All Ages: 9:00-10:05

Girls' GymStar 2—

Instructor approval required.

Mondays:

All Ages: 5:30-6:50

Wednesdays:

All Ages: 6:30-7:50

Thursdays:

All Ages: 6:45-8:05

Saturdays:

All Ages: 10:05-11:25

Girls' GymStar 3 & 4 — Instructor approval required.

Tuesdays: 6:45-8:15

Thursdays: 6:45-8:15

Dress Code for GymStar Classes:

One-piece leotard is a MUST for girls. No spaghetti-strap shirts or short shorts without a leotard, please. Gymnastics shorts and a snug-fitting shirt are ok over a leotard.

Hair must be securely pulled back. If your child's hair can interfere with her vision, it must be pulled back.

Please remove all jewelry prior to class (small earrings are OK.)