

GymStars Gymnastics

Girls' Gymnastics for first graders and older

Students new to gymnastics and first graders should start in a GymStar 1 class. If you feel your child should start at a higher level, please call to schedule an evaluation.

Schedule for the 2019-2020 School Year

Girls' GymStar 1:

Entry Level Classes. Classes are 65 minutes long.

Mondays:

Grades 1-3: 4:15

Grades 2+: 7:00 (Night Owl Class! Save 20%)

Tuesdays:

Grades 2+: 4:15

Wednesdays:

All Grades: 6:00-7:05

Saturdays: All Grades 11:10

GymStar 2—Instructor approval required. 80 minute-long classes

Mondays: 5:30

Tuesdays: 5:30

Wednesdays: 4:30

Saturdays: 10:55

GymStar 3—Instructor approval required.

Tuesdays: 5:30-7:00

Thursdays 5:30-7:00

Dress Code for GymStar Classes:

One-piece leotard is a MUST for girls. No spaghetti-strap shirts or short shorts without a leotard, please. Gymnastics shorts and a snug-fitting shirt are ok over a leotard.

Hair must be securely pulled back. If your child's hair can interfere with her vision, it must be pulled back. Please remove all jewelry prior to class (small earrings are OK.)

Airborne

FREDERICK, COLORADO