

# GymStars Gymnastics

## Girls' Gymnastics for first graders and older

Students new to gymnastics and first graders should start in a GymStar 1 class. If you feel your child should start at a higher level, please call to schedule an evaluation.

### Class Schedule for the 2019-2020 School Year

#### Girls' GymStar 1

Entry Level Classes. All classes are 65 minutes long.

#### Mondays:

1st Graders: 4:00  
2nd - 4th Graders: 5:15  
1st & 2nd Graders: 6:30  
Night Owl 2nd Grade+: 7:00

#### Tuesdays:

2nd - 4th Graders: 5:30

#### Wednesdays:

1st & 2nd Graders: 4:00  
3rd Grade & Up: 5:15

#### Thursdays:

2nd & 3rd Graders: 4:15  
1st Graders: 5:30  
Night Owl 3rd grade +: 7:00

#### Saturdays:

All Ages: 11:00-12:05

#### Girls' GymStar 2—

Instructor approval required. Classes are 80 minutes long.

#### Mondays: 1st-3rd Grade: 5:30-6:50

Night Owl, 2nd graders +: 7:00-8:20

#### Wednesdays: All Ages: 6:30-7:50

#### Thursdays: 1st-3rd graders: 4:00-5:20

2nd grade +: 5:30-6:50

#### Saturdays: All Ages: 10:45-12:05

#### Girls' GymStar 3 & 4 —Instructor approval required. Classes are 90 Minutes long.

Mondays: GS3 4:00-5:30

Tuesdays: GS3 4:00-5:30, GS 3 & 4 6:45-8:15

Thursdays: GS 3 & 4 6:45-8:15

#### Dress Code for GymStar Classes:

One-piece leotard is a MUST for girls. No spaghetti-strap shirts or short shorts without a leotard, please. Gymnastics shorts and a snug-fitting shirt are ok over a leotard.

Hair must be securely pulled back. If your child's hair can interfere with her vision, it must be pulled back.

Please remove all jewelry prior to class (small earrings are OK.)