

# Ninja Zone

**Turning Energy into Ambition... One Awesome Kid at a Time**

The Ninja Zone is a fusion of obstacle training, gymnastics, martial arts, and freestyle movement.

These classes are geared toward boys, but girls are welcome too!

## Schedule for the 2019-2020 School year

**Lil' Ninjas**- ages 3-5 (Some classes are age restricted.)

Mondays 4:05-4:50, ages 3-4

Tuesdays 10:10-10:55

Fridays 12:50-1:35

Saturdays 9:00-9:45, ages 3-4

**JuniorNinjas**- ages 5-6. Some classes extend the ages

Mondays 5:00-6:00

Thursdays 4:20-5:20, ages 4 to 6

Saturdays 9:55-10:55

**Ninja Zone White** (entry Level), for first graders and older

Mondays 4:10-5:10, ages 6-8

Mondays 6:10-7:10, ages 8-12

Thursdays 4:20-5:20, ages 6-8

Saturdays 11:00-12:00 ages 7-11

**Ninja Yellow and Green**

Mondays 5:20-6:20 OR Thursdays 5:30-6:30

**Dress Code:** All Ninjas must wear an official Ninja Zone or Airborne Ninja shirt, and athletic shorts or pants, to class.

**Jump. Listen. Flip. Learn. Kick. Focus. Fly. Challenge.**