

# TumbleBee Gym

Parent/Tot Gymnastics for ages 8 weeks to 3 ½ years

Gymnastics is a GREAT foundation for future sporting and academic pursuits. Studies have shown that a variety of movements positively affect brain development.

## Class Schedule for the 2019-20 School Year

### TumbleBee Parent/Tot Gymnastics

for Students Ages 8 weeks through 3-½ years. Level determined by age when they begin class.

**FreeBees:** Ages 8 weeks-12 month. This class is FREE! Students graduate from this class at 13 months of age. 30 minutes long.  
Mondays 11:10

### ToddlerBees: Ages 1 – 2 ½, 45-minute classes

Tuesdays 9:30

Fridays 9:15

Saturdays 10:00

### HoneyBee & Me: Ages 2 ½ - 3 ½, 45-minute classes

Thursdays 10:20

Fridays 9:15

Saturdays 9:08

### DanceNastics: Ages 4-6, 75- minute class. Tuesdays 1:15

## Parents' role in Parent/Tot Gymnastics Classes:

Your role is to actively assist your child and the teacher. Your attention will be focused on your child 100% of the time. With our assistance, you will guide your child through gymnastics circuits, applaud their successes, and provide hands-on support- "spotting"- as necessary.

**Airborne**

LONGMONT, COLORADO